

<b>Timings March 2024</b>	<b>125km</b>	<b>First @ 30kph</b>	<b>Last @ 18 kph</b>	<b>Notes</b> <small>date 13/2/24</small>
<b>Start</b>	KM 0	7:30am	7:31am	Lake Canobolas
	KM 10	7:50am	8:03am	Canobolas Rd
	KM 15	8:00am	8:22am	Walking path twd Ballykeane
	KM 30	8:30am	9:11am	Cadianagullong Rd
33°24'50.4"S 148°57'36.9"E <a href="https://maps.app.goo.gl/5JtqtWQsfBXdEPhy9">https://maps.app.goo.gl/5JtqtWQsfBXdEPhy9</a>	KM 37	8:44am	9:34am	KM 37 Rest Stop Forest Charleville Road / near Glengariffe Road
	KM 40	8:50am	9:45am	Charleville Rd
	KM 50	9:10am	10:15am	Edinboro Ln
	KM 55	9:20am	10:33am	<b>CARGO Township</b>
	KM 60	9:30am	10:49am	Lockwood Road
	KM 65	9:40am	11:07am	Avenel Road
33°23'13.5"S 148°48'48.4"E <a href="https://maps.app.goo.gl/kxENcVnT2u1DkDMHZ">https://maps.app.goo.gl/kxENcVnT2u1DkDMHZ</a>	KM 77	10:00am	11:50am	KM 77 Rest Stop intersection of South Bowan Park Rd and Nanami Ln
	KM 80	10:10am	11:57am	South Bowan Park Road
	KM 90	10:30am	12:27pm	Paling Yards Loop
	KM 100	10:50am	1:03pm	Bowan Park Road
	KM 105	11:00am	1:16pm	Cargo Road
	KM 110	11:10am	1:36pm	Mitchells Way
33°20'39.4"S 148°58'56.6"E <a href="https://maps.app.goo.gl/ZG6jDGoRB6BSSyCF8">https://maps.app.goo.gl/ZG6jDGoRB6BSSyCF8</a>	KM 114	11:15am	1:50pm	KM 114 Rest Stop Top of Mt Canobolas
	KM 120	11:30am	2:05pm	Mount Canobolas Road
<b>Finish</b>	KM 125	11:40am	2:26pm	Lake Canobolas
	<b>65km</b>	<b>First @ 30kph</b>	<b>Last @ 18 kph</b>	<b>Notes</b>
<b>Start</b>	KM 0	8:30am	8:31am	Lake Canobolas
	KM 10	8:50am	9:03am	Canobolas Rd
	KM 15	9:00am	9:22am	Walking path twd Ballykeane
	KM 30	9:30am	10:11am	Cadianagullong Rd
33°24'50.4"S 148°57'36.9"E <a href="https://maps.app.goo.gl/5JtqtWQsfBXdEPhy9">https://maps.app.goo.gl/5JtqtWQsfBXdEPhy9</a>	KM 37	9:44am	10:34am	KM 37 Rest Stop Forest Charleville Road / near Glengariffe Road
	KM 40	9:50am	10:45am	Coolamatong Rd
	KM 50	10:10am	11:15am	Towac Way
33°20'39.4"S 148°58'56.6"E <a href="https://maps.app.goo.gl/ZG6jDGoRB6BSSyCF8">https://maps.app.goo.gl/ZG6jDGoRB6BSSyCF8</a>	KM 53	10:15am	11:27am	KM 53 Rest Stop Top of Mt Canobolas
	KM 60	10:30am	11:49am	Lake Canobolas Rd
<b>Finish</b>	KM 65	10:40am	12:06pm	Lake Canobolas